

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9am-Fitness w/ Marni 11:30am- Chair Yoga Candi <small>Purim Begins</small>	3 9am- Fitness w/ Marni (Paid by residents) 10am- Stretch-n- Tone Sonja	4 9am- Fitness w/ Marni	5 10am- Fitness w/ Marni (Paid by residents) 11:30am- Chair Yoga & Meditation w/ Candi	6 10am- Chair Yoga w/ Robin	7 10am- You Tube Sit & Fit
8 <small>Daylight Saving Time Begins</small>	9 Marni vacation 11:30am-Chair Yoga w/ Candi	10 Marni vacation 10am-Stretch-n-Tone w/Sonja	11 Marni Vacation	12 Marni Vacation 11:30am Chair Yoga & Meditation w/ Candi	13 10am- Chair Yoga w/ Robin	14 10am- You Tube Sit & Fit
15	16 9am- Fitness w/ Marni 11:30am- Chair Yoga w/ Candi	17 9am- Fitness w/ Marni (Paid by residents) 10am - Stretch n- Tone w/ Sonja <small>St. Patrick's Day</small>	18 9am- Fitness w/ Marni	19 10am- Fitness w/ Marni (paid by residents) 11:30am- Chair Yoga & Meditation w/ Candi	20 10am- Chair Yoga w/ Robin <small>Spring Begins</small>	21 10am- You Tube Sit & Fit
22	23 9am- Fitness W/ Marni 11:30am-Chair Yoga w/ Candi	24 9am- Fitness w/ Marni (Paid by residents) 10am- Stretch-n- Tone w/ Sonja	25 9am- Fitness w/ Marni	26 10am-Fitness w/ Marni (Paid by residents) 11:30am- Chair Yoga & Meditation w/ Candi	27 10am-Chair Yoga W/ Robin	28 10am-You Tube Sit & Fit
29 <small>Palm Sunday</small>	30 9am- Fitness W/ Marni 11:30am-Chair Yoga w/ Candi	31 9am-Fitness W/ Marni (Paid by residents) 10am- Stretch- n- Tone w/ Sonja	 <p style="text-align: center;"><i>March 2026</i></p>			