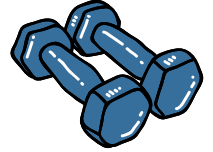




JUNE

FITNESS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 9 am Water Aerobics 11:30 am Chair Yoga	3 10 am Aqua Fitness	4 9 am Water Aerobics	5 10 am Fit & Fall Proof 11:30 am Chair Yoga & Meditation	6 10 am Hot Hula Fitness (Dance)	7 10:30 am YouTube Sit & Fit
8 	9 9 am Water Aerobics 10 am Chair Yoga *Earlier time	10 9am Fit & Fall Proof 10 am Aqua Fitness	11 9 am Water Aerobics	12 10 am Fit & Fall Proof 11:30 am Chair Yoga & Meditation	13 10 am Hot Hula Fitness (Dance)	14 10:30 am YouTube Sit & Fit
15 	16 9 am Water Aerobics 11:30 am Chair Yoga	17 9am Fit & Fall Proof 10 am Aqua Fitness	18 9 am Water Aerobics 10 am Open Gym Coaching	19 June Tenth! 10 am Fit & Fall Proof 11:30 am Chair Yoga & Meditation	20 10 am Hot Hula Fitness (Dance)	21 10 am Silver Sneakers
22 	23 9 am Water Aerobics 11:30 am Chair Yoga	24 9am Fit & Fall Proof 10 am Aqua Fitness	25 9 am Water Aerobics	26 10 am Fit & Fall Proof 11:30 am Chair Yoga & Meditation	27 No Class	28 10:30 am YouTube Sit & Fit
29 	30 9 am Water Aerobics 11:30 am Chair Yoga					